#### CONNEXION 2024 PROGRAM MRC BONAVENTURE

The objective of this program is to facilitate access to sports, leisure, cultural or outdoor activities in the Bonaventure MRC. Through the collaboration of several municipal, community or private organizations, these activities are being offered to youth (0-25 years) who have been registered in the program by a reference.

## Who is the program for?

Connexion program aims to offer free\* registration for sporting, leisure, cultural or outdoor activities to youth aged 0-25 living in a situation of vulnerability for whom access to these activities would be beneficial.

\*Certain activities may require the purchase of materials or travel expenses. These issues will be considered and evaluated by the committee

#### What do we mean whe we say a situation of vulnerability?

Any destabilizing events experienced by families, such as:

- Precarious financial situation
- Job loss
- Death of a loved one
- Separation or divorce
- Physical or mental health issues
- Any other relevant situations, according to your professional judgment, in relation to the needs of the youth.

## Who can be a reference?

Any professional in contact with youth aged 0 to 25 in the context of their work (teacher, psychosocial worker in the health, education, or in the community field, etc.)

# What is the reference's role?

- Identify young people who could benefit from this program.
- Publicize and promote the program to young people who could benefit from it, and their families.
- Aid in the registration process and connect with the parent or guardian to inform them and obtain their agreement if the youth is under 14 years old.
- Help, if necessary, to connect with families when assigning activities as trust is already established with the youth.
- Follow up with the youth who benefited from an activity to ask about their appreciation. An evaluation form will be provided.

### How does the program work?

- 1. The reference selects a youth who could benefit from the program.
- 2. The reference explains the program to the youth and completes all sections of the registration form. (The registration period is from <u>May 13th to September 6th</u>, <u>2024</u>, for fall 2024 or winter/spring 2025 activities).
- 3. The committee will conduct a draw to assign the activities during the week of September 9th and will communicate with the parent/guardian, according to the established order of the draw, to choose the activity.
- 4. In spring 2025, the committee will contact the references to gather their appreciation of the program and that of the youth.

#### Important details

- The committee will do everything in its power to assign a preferred activity to the youth, but there is no guarantee.
- The reference must validate the consent with the parent/guardian by obtaining a signature so that the committee can contact the organizations offering the activities. This also allows the family to be informed of the process.
- The forms must be sent to <u>connexion.bona@gmail.com</u> no later than <u>September</u> <u>6th, 2024.</u>

For any questions, communicate with the committee by email or with Frédérike Audet, health promotion agent, by phone. (418) 368-2443 extension 2168